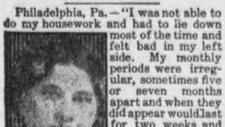
AN OPEN LETTER

Mrs. Little Tells How She Suffered and How Finally Cured



did appear would last for two weeks and was sick for about a year and a half and octored but without

A neighbor recommended Lydia E. Pinkham's Vegetable Compound to me, and the second day after I started taking it I began to feel better and I kept on taking it for seven months. Now I keep house and perform all my house-hold duties. You can use these facts as you please and I will recommend Vegetable Compound to everyone who suffers as I did." — Mrs. J. S. LITTLE, 3455 Livingston St., Philadelphia, Pa.

How much harder the daily tasks of

a woman become when she suffers from such distressing symptoms and weakness as did Mrs. Little. No woman should allow herself to get into such a condition because such troubles may be speedily overcome by Lydia E. Pinkham's Vegetable Compound, which for more than forty years has been restoring American women to health.

Buy Fairy Sodas packed in tin to keep the dainty freshness in. **



KEEP A CAN HANDY IN YOUR PANTRY

The economical way to buy soda crackers is in he returnable can—cost less per pound and there ho waste. The can keeps the crackers fresh, he and crisp until consumed.

Fairy Sodas are preferred for every cracker use—wheaty flavor, wholesome, nourishing, satisfying always—and all ways.

Ask Your Grocer for I-TEN'S Fairy Sodas

PATENTS and Trade-Marks obtained. Send for Free Booklet. STURGES & STURGES, Patent Attorneys, 432 Peters Trust Bidg., OMAHA

Nature Lesson. "Do nuts grow on trees, father?"

"They do, my son." "Then what tree does the doughnut grow on?"

"The pantry, my son."—Harper's Magazine.



A private in the United States army, with specialized knowledge, can earn \$60 a month.

Chronic Constipation is as dangerous as disagreeable. Garfield Tea cures it .- Adv.

He bath not lost all who bath one throw to cast.

HELP THAT ACHING BACK! Is your back giving out? Are you tortured with backache and stabbing pains? Does any exertion leave you "all played out?" Feel you just can't keep going? Likely your kidneys are to blame. Overwork, colds, hurry and worry tend to weaken the kidneys. Backache is often the first warning. Headache and dizziness may come, too, and annoying kidney irregularities. Help the kidneys with Doan's Kidney Pills—the remedy recommended by thousands. Ask your neighbor!

A Nebraska Case



A. E. Snyder, farmer, Arapa-hoe, Nebr., says: "I had sore, lame muscles in my to straighten up.
A change in the
weather and the
drinking water,
no doubt, brought on the attack

used Doan's Kidney Pills and they strengthened my kidneys. The lame-Get Donn's at Any Store, 60c a Box

DOAN'S RIDNEY FOSTER - MILBURN CO., BUFFALO, N. Y.

A Bad Cough PISO'S

HIGH COST OF PRODUCTION

Illinois Experiment Station Secured Reliable Figures From 680 Dairy Farms.

There are various estimates on milk production costs and they are likely to be different under different circumstances. Moreover, there is considerable variation in milk quality, also, as it ranges from barely three per cent butterfat test to nearly five per cent. However, none of the figures available show that the producer of milk is "profiteering."

In Illinois the state experiment station secured accurate figures on milk production costs from 680 dairy farms with a total of 18,902 cows. Those figures showed the cost of all Items entering lato the production of 100 pounds of milk as follows:

Grain, 44 pounds at \$55 per ton. .\$1.21 Silage, 188 pounds at \$6 per ton. . .56 Hay, 50 pounds at \$30 per ton.... .75 Other roughage, 39 pounds, at \$10

Labor, 21/2 hours at 30 cents per

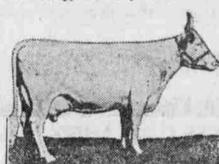
Total cost per 100 pounds....\$3,46 The cost is 3.46 cents per pound, or, taking 2.15 pounds per quart, 7.44 cents per quart.

EYE TEST FOR TUBERCULOSIS

Used as Check Upon Older Methods, as It Happens Occasionally Reactors Escape.

The eye test for detecting tuberculosis in cattle has the approval of the scientists of the bureau of animal industry, United States Department of Agriculture. The ophthalmic or eye test is used as a check upon the older methods, as it happens occasionally that an animal that will not react to the subcutaneous injection or intradermal test will react to the eye test.

Two tuberculin tablets are placed in the conjunctival sac beneath the lower lid of the left eye and observations are taken at approximately the third hour



Eye Test for Tuberculosis mas Its Best Use on Dairy Farm, Conditions Are Best Suited.

following and at frequent intervals up to 24 hours. Reaction to the test is indicated by discharge and swelling.

The bureau of animal industry is not prepared to accept the evidence of the eye test alone where cattle are intended for interstate shipment. The test, however, furnishes an additional safeguard when used with the older method.

The eye test is not well adapted for use upon range cattle or cattle in transit, because of the possibility for dust setting up an irritation not related to tuberculosis. It has its best use on the dairy farm, where conditions are such as to give sure results.

The experts have observed that in herds which are frequently tested by the subcutaneous method it is advisable to apply the intradermal and the eye test. The combined test sometimes detect reactors which have escaped detection by other means.

CRUSHED GRAIN IS FAVORED

Any Aid Given Cow in Digestion of Food Will Show in Increased Flow of Milk.

There is no animal harder worked than the dairy cow giving a large flow of milk, and any aid given her in digestion will show decided increase in milk and in her condition. Some grains are easy of mastication and digestion, but the usual ration of the corn belt is comprised mainly of wheat, corn, oats, rye and barley. All of these grains will show up in the feces If fed whole and unless the cattle are followed by hogs it is entirely lost.

Crushing grain is better than grinding it fine, for the digestibility may be decreased due to failure to mix properly with the saliva. Beware of dairy feeds too finely ground, for they may contain filler and cannot be properly digested.

BEETS ARE EXCELLENT FEED

Because of Labor in Harvesting and Cost of Handling Are Not as Cheap as Silage.

Sugar beets are an excellent feed for dairy cows, but because of the labor in harvesting and the expense of handling, are not as economical as corn slinge. They have a larger amount of nutriment than mangels or rutabagas, but it is generally held that the latter will yield somewhat more per acre and are less difficult to handle. Sugar beets are not hard on the kidneys, but if fed in too large quantities there is a tendency to scor r the animals. This is due to the high sugar content of

Improved Roads

IMMENSE SUM FOR HIGHWAYS

During Year 1919 Over \$400,000,000 Was Expended for Rural Highways and Bridges.

During the calendar year 1919, 46 states of the Union expended over \$400,000,000 on their rural roads and bridges, the bureau of public roads of the United States Department of Agriculture recently announced. This total is made up of the actual cash expenditures for such items as labor. materials, supervision and administration, amounting to \$389,455,931, and convict labor and statute labor, the value of which, not definitely known. is estimated at about \$132,000,000. So far as possible, all expenditures on city streets within incorporated towns



Building an Up-to-Date Highway.

and cities and all items of staking-fund payments or the redemption and interest payments on road and bridge bouus have been excluded.

The road and bridge expenditures for 1919 show an increase of approximately 33 1-3 per cent over those of 1918 and 70 per cent over those of 1914. More striking, however, is the increase in the proportion of the total funds supervised by the several state highway departments. In 1918 the expenditures by or under the supervision of the state highway departments amounted to \$117,285,268, while the local road funds, over which they exercised no control whatever, amounted to \$168,812.925. In 1919, however, the state highway departments supervised the expenditure of \$200,292,694 as against the total of \$189,163,237 expended by the local road and bridge authorities.

REMOVING SNOW FROM ROADS

Becoming Increasingly Important Because of Large Amount of Travel During Winter.

Snow removal from highways is becoming increasingly important because of the large amount of travel by motortrucks and automobiles. Several states have made appropriations for removal of snow from the mein highways but in other states there has been no appropriation of funds for this purpose. Vast quantities of commodities must be hauled over the highways next winter because of the lack of sufficient rallway cars to move them, and state money, rather than local funds ought to be used to keep truck highways open.

IMPROVED ROADS WOULD AID

Many Counties Rich in Agricultural Possibilities Are Burdened With Poor Roads.

Fluctuations in market prices may have several explanations. They frequently take place in regions where the local production does not equal. the annual consumption. There are countles rich in agricultural possibilities, hurdened with bad roads, where the annual incoming shipments of foodstuffs exceed the outgoing shipments in the ratio of four to one. Many such counties with improved roads could not only become self-supporting, but could ship products to other markets.

TREES DO NOT INJURE ROADS

Instead of Taking All Out It Would Be Better to Thin Out to 50 or 75 Feet.

Why cut down all trees along the highway being graded? We recently saw two or three dozen large maples along a road taken out entirely. It would look much better and be as usable if the row had been thinned to 50 or even 75 feet. If the road were well made the trees would not injure it at all. Let's have some shade on our new roads.-LeRoy Cady, associate horticulturist, University Farm, St. Paul.

Plant Some Trees.

If you live on the south side of the road, plant some shade trees to shelter the hot traveler. In a few years people will say: "He lives on the farm where those blg elms shade the road."

Determine Profits.

Farmers' profits are determined by the difference between production and transportation costs and the selling prices. Production must cease when the transportation costs wipe out the difference.



MITES CAUSE OF SCALY LEG

Application of Crude Petroleum to Legs With Brush or Dipping Is Best Treatment.

Two species of itch mites attack fowls, one of which is the cause of scaly leg. While this mite commonly remains on the feet, burrowing through the scales and causing their enlargement, it also attacks the comb and the neck. A crust of loose tissue is formed above the burrows, and intense itching results from this mining habit. When scaly leg is left untreated the feet of the birds often become hadly distorted, and in some cases the fowl can scarcely walk or get to the perch. Sometimes terminal joints of the toes are lost.

As the mites are transferred from one bird to another, scaly-leg fowls should be treated promptly and should not be introduced among clean birds. Investigations made under the supervision of the United States Department of Agriculture show that carbollneum or crude petroleum used on the roosts doubtless will aid in preventing the spread of the scaly-leg mite from one fowl to another. Applying crude petroleum to the legs with a brush or dipping the legs into this oil is very effective. One application usually is sufficient, but if the scales are not largely shed off after a lapse of 30 days the treatment should be repeated. Kerosene oil is applied by some farmers in the same way, but is less effective than crude oil. In using either, care should be taken not to get the oil on the upper part of the leg or on the feathers. A less severe but more laborious treatment consists of soaking the feet in warm soapsuds until the scales are loosened and then greasing the feet and legs with sulphur and lard, or lard containing 6 per cent crude carbolic acid.

The other itch mite, commonly called the depluming mite, is a very small creature which burrows into the skin near the base of the feathers. The intense itching sometimes causes the fowls to pull their feathers until they are almost naked. Dipping of all fowls of an infested flock in a tub of water containing about two ounces of flowers of sulphur and one-half ounce of laundry soap to each gallon



Continuous Selection for Health and Vigor Will Insure Flock That Will Produce Fertile Eggs and Strong Chicks Capable of Making Quick

of water will give complete control. The fowls should be completely submerged and the feathers ruffled so all parts of the body will be reached by the liquid. Care should be taken to keep the dip stirred during treatment so as to keep the sulphur in suspension. In case a flock has lice as well as the depluming mite, three-fourths ounce or one heaping tablespoonful of sodium fluorid should be added to each gallon of water in the foregoing

GIVE CHICKENS EARLY FEED

Excellent Plan to Have Some Grain Scattered in Litter Ready for Their Breakfast.

If there is a reasonable amount of litter on the floor and the house is ratproof, it is a practical plan to feed so that there will be some grain left in the litter overnight. This will be an inducement to the bens to get to work as soon as it is daylight. That's one practical and inexpensive method of prolonging the day. As a rule, hens like to go to the perches rather early in the evening on cold days, but they will be down at dawn if they know that they will find something to eat, See to it that some grain is there in the litter ready for them. This is an easier and pleasanter method than getting around to do the feeding before daylight. If the hens loaf on the perches until broad daylight one of two things is wrong: Either the house is too dark or the hens are overfed. Either condition is readily corrected and it will be dollars in your pocket to do so,

SORT OF PULLET TO RETAIN

Fowl That Is Well Matured, Has Strong Constitution and Lays Early Is Valuable.

No matter what the breed, if the pullet is well matured, has a strong constitution, begins to lay early and is of good size and shape, she is valuable as a future inhabitant of the poultry ggrd. Cull out the poor birds.

Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years, and proved safe by millions .- Say "Bayer"!



SAFETY FIRST! Accept only an "unbroken package" of genuine "Bayer Tablets of Aspirin," which contains proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago, and pain generally. Strictly American!

Handy tin boxes of 12 tablets cost but a few cents-Larger packages. Ampirin is the trade mark of Bayer Manufacture of Menoaceticacidester of Salicylicacid

"NEFS" NO LONGER IN USE Once Popular Piece of Plate Has Altogether Disappeared From the

Tables of Royalty. So rare is the nef that to most people the very name is unknown; not more than six specimens exist anywhere in the world. The other day a silver nef, not more than 22 inches high, was sold by private treaty in London, Eng., for the huge sum of \$23,500. At Christie's last year a slightly smaller one fetched \$16,500 at public auction. The reason for these very high prices is that the nef is the rarest piece of antique plate in existence. Shaped like a ship, and beautifully modeled, nefs were nearly always made by the Seventeenth century silversmiths who specialized in them, to the order of crowned heads. Their ostensible use was to hold wine or other beverages in the hull of the vessel, the liquid being delivered through a spout in the bows. Kings made presents of them to other kings. Most nefs were so constructed that the wine, being once inclosed, could not be tampered with; no slight advantage in the days when poison was a recognized agent for the removal of obnoxious monarchs by their disaffected sub-

On His Dignity.

He had been telling of his engagement to the beauty of the town, but no one took his announcement seriously. One day he gave out that he had broken his engagement.

"So you really broke the engagement, Henry?" he was asked. "That's exactly what I did." he

boasted. "Dear me! Tell us why you were so cruel," one of his hearers begged. City Star. "Well, it's like this," explained Henry. "Dolly told me she wouldn't marry

me, and I don't intend to be engaged

to any giri who won't murry me."

Eagle in Danger of Extinction, The white-headed engle, United power, is threatened with extinction. Far from being the "bird of freedom," he is the victim of persecution-and in the land of his exaltation! For Alaska fixed a bounty of 50 cents upon were brought low. The charge against Soviet Not a Soviet?" him is eating fish and game, principally dead fish, and such prey as he obtains by right of might.

A Friendly Offer.

"I always take a sleeper when I "Do you? Then you can take the one you will find in my front office.

He is no good to me." The German army now numbers

150.000 men.

-French proverb.

A door must be either open or shut,

Garfield Tea, by purifying the blood, eradicates rheumatism, dyspepsia and many chronic ailments.-Adv.

Anyway, a pessimist doesn't bore us half to death with his alleged jokes.

Dont Forget Cuticura Talcum Vhen adding to your tellet requisites. in exquisitely scented face, skin, baby ind dusting powder and perfume, renlering other perfumes superfluous, You may rely on it because one of the 'uticura Trio (Soap. Ointment and lalcum). 25c each everywhere .- Adv.

He who divides gets the worst share. Spanish proverb.

Examine carefull, every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of Chat H. Hetchere In Use for Over 30 Years, Children Cry for Fletcher's Castoria

No Wonder,

"How do you do, sir?" saluted the suave agent at the door. "I am offering to the few persons in each community who are of sufficient culture to appreciate it this valuable literary work, which undoubtedly-pardon me, but what is the matter with the lady at the telephone there? Is she having a

fit or-"That's my wife," replied honest Farmer Fumblegate. "She is listening in on the party line while a lady who stutters is relating in confidence to another lady who is deaf the details of a right revolting scandal."--Kansas

The Soviet's Transformation. "We have been organized into something that looks like hard-boiled discipline," remarked the Bolshevist,

"We have," answered the Red. "We can't transact any business un-States national emblem and symbol of til we hear from the big boss just where we get onto a subject and where we get off."

"Oulte so." "Well, let's kill time somehow, I move that the meeting take up for his head, and in two years 5,600 engles discussion the question, 'When is a

> Widespread Use of Electric Power. If all electrical energy in the United States was suddenly withdrawn, the loss to industry would run into the billions. Practically all of the 275,791 manufacturing plants of the nation, representing \$22,790,980,000 in invested capital, use electric power in one way or another.

Every animal but man keeps to one dish.-Spectator,

If your Coffee-Pot has boiled too often

If too many cups of coffee have set your stomach and nerves on edge, put the pot on to boil again-

But this time use

POSTUM CEREAL

in place of coffee

Boil it a full fifteen minutes after boiling starts and you will bring out its rich, satisfying flavor. The benefit to health will

soon be apparent. "There's a Reason"

Made by Postum Cereal Company, Inc. Battle Creek, Michigan.

